



2023 HSTC CALENDAR

P.O. Box 9, McLean, VA 22101

www.highlandsswim.org

Front Desk: (703) 821-9893

Weekday Hours: 10am to 9pm

Saturday Hours: 10am to 9pm

Sunday Hours: 11am to 9pm

Check Specific Team Schedules to Confirm Final Times

April/May/June

Pool: 10am – 9pm; Snack Bar: 11am – 7:30pm, unless noted

CD – Coffee & Donuts/Adult Swim Only SS – Swim School
 RN – Raft Night DM – Dive Meet
 TN – Please see highlandsswim.org/tennis.html SM – Swim Meet

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
May 13/14 Pool Hours: 10am-8pm May 13: Swim/Dive/Tennis Open House 11:30am – 1:30pm	15 May 15 Swim Practice Begins: 4:15pm – 6:15pm	16	17 Early Season Pool Hours thru May 25:	18 Weekend Pool Hrs: 10am-8pm Snack Bar: 11am-7:30pm	19 Weekdays 3pm-8pm 3:30pm-7:30pm	20
21 TN: Adult Tennis Social 5:30pm	22 Early Bird Swim Begins 6:15am – 7:45am	23	24	25	26 Pool Hrs: 3pm-9pm Snack Bar: 3:30pm - 7:30pm	27 Pool Hrs: 10am-9pm Snack Bar: 11am -7:30pm
28 CD: 8:00am - 12:00pm (Upper Pool adult only 11am-12pm) Lower Pool open swim at 11am	 29 MEMORIAL DAY: Welcome Back Ice Cream Tickets	30 Afternoon Dive Practice Begins: 4:30pm	31	June 1	2 Pool Hrs: 3pm-9pm Snack Bar: noon - 7:30pm TN: Adult Tennis Social 6pm	3 Pool Hrs: 10am-9pm Snack Bar: noon - 7:30pm TN: Pickleball Tournament 4pm-6pm
4 CD: 8am - 12pm	5	6	7	8	9 Pool: 10am-9pm SB: 12pm-7:30p	10 SM: Time Trials: 7:30am UPPER POOL OPENS 1PM
11 CD: 8am - 12pm RN: 6pm-8:45pm TN: JTT Kick-off Party 1pm-3pm Pool Hrs: 11am-9pm Snack Bar: 12pm -7:30pm	12 SM: B v Kent Gardens: 6pm UPPER POOL CLOSSES 4:30PM	13	14	15	16 6/17: Summer Hours Begin!	17 SM: A v. Tuckahoe: 9am UPPER POOL OPENS 1PM  ADULT SOCIAL
18 CD: 8am-12pm RN: 6pm-8:45pm	19 Morning Swim & Dive Team Practices Begin (both) Swim School: 5 wks SM: B @ Chesterbrook 6pm	20 DM: A @ Truro: 6pm SM: Team & Individual Photo Day: 9:30am	21	22 DM: B v. Chesterbrook: 6pm UPPER POOL CLOSSES 5PM	23	24 SM: A v. Overlee: 9am UPPER POOL OPENS 1PM

July

Pool: 10am – 9pm; Snack Bar: 11am – 7:30pm, unless noted

CD – Coffee & Donuts/Adult Swim Only SS – Swim School
 RN – Raft Night DM – Dive Meet
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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
June 25 CD: 8am - 12pm RN: 6pm-8:45pm	26 SM: B v Langley: 6pm UPPER POOL CLOSSES 4:30PM SS 2 of 5 wks	27 DM: A v Dominion Hills: 6pm UPPER POOL CLOSSES 5PM	28 SM: Divisional Relay Carnival @ Chesterbrook: 6:00pm	29	30	July 1 SM: A @ Donaldson Run: 9am
2 CD: 8am - 12pm RN: 6pm-8:45pm	3 SS 3 of 5 wks SM: Intrasquad UPPER POOL CLOSSES 4:30PM	4  July 4th CELEBRATION 11am	5 DM: A v Dunn Loring: 6pm UPPER POOL CLOSSES 5PM	6	7 TN: Adult Tennis Social 6pm	8 SM: A v. Chesterbrook: 9am UPPER POOL OPENS 1PM
9 CD: 8am- 12pm RN: 6pm-8:45pm TN: Tennis Tournament 4-6pm DM: Wally Martin @Oak Marr Whompers: 1:00pm UPPER POOL CLOSSES 12:30pm-3:30pm	10 SM: B @ Overlee: 6pm SS 4 of 5 wks	11 DM: A @ Great Falls: 6pm	12 SM: All Star Relay Carnival @ Hamlet: 4pm UPPER POOL LANES CLOSED 1:30pm - 2:30pm	13 DM: B @ Tuckahoe: 6pm	14	15 SM: A @ McLean: 9am  ADULT SOCIAL
16 CD:8am-12pm RN: 6pm-8:45pm DM: Crackerjack Invitational@ TBD	17 SM: B v. Donaldson Run: 6pm UPPER POOL CLOSSES 4:30PM SS 5 of 5 wks	18 DM: A v. Fairfax Station: 6pm UPPER POOL CLOSSES 5PM	19	20	21 <i>Last Day of Swim Team Practice Last Day of Dive Team Practice Dive Team Awards Banquet: 6pm</i>	22 SM: Divisionals @ Tuckahoe: 8:30am <i>Swim Team Awards Banquet: 5:30pm</i>
23 CD: 8am-12pm RN: 6pm-8:45pm	24 <i>Early Bird Swim Hours Shift 6:30am – 8am</i> UPPER POOL LANES CLOSED 9:30am – 10:30am	25 UPPER POOL LANES CLOSED 9:30am – 10:30am	26 UPPER POOL LANES CLOSED 9:30am – 10:30am	27 UPPER POOL LANES CLOSED 9:30am – 10:30am	28 UPPER POOL LANES CLOSED 9:30am – 10:30am	29 SM: Individual All Stars @ Orange Hunt: 8:30am

August/September

Pool: 10am – 9pm; Snack Bar: 11am – 7:30pm, unless noted

CD – Coffee & Donuts/Adult Swim Only SS – Swim School
 RN – Raft Night DM – Dive Meet
 TN – Please see highlandsswim.org/tennis.html SM – Swim Meet

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
CD: 8am-12pm DM: All Stars @ TBD RN: 6pm-8:45pm 30	31	1	2	3	4 TN: Adult Tennis Social 6pm	5
6 CD: 8am-12pm RN: 6pm-8:45pm	7	8	9	10	11	12
13 CD: 8am-12pm RN: 6pm-8:45pm	14	15	16	17	18	 ADULT SOCIAL
20 CD: 8am-12pm RN: 6pm-8:45pm TN: Adult Tennis Social 5:30pm	21	22	23	24	25	26
August 21- August 24: Pool Hrs: 10am-8pm Snack Bar: 3:30pm -7:30pm				August 25: Pool Hrs: 10am-9pm Snack Bar: 11am -7:30pm		
27 CD: 8am-12pm RN: 6pm-8:45pm	28	29	30	31	Sept 1 TN: Adult Tennis Social 6pm	2
August 28- August 31: Pool Hrs: 3pm-8pm Snack Bar: 3:30pm -7:30pm				September 1: Pool Hrs: 3pm-9pm Snack Bar: 3:30m -7:30pm		
3 CD: 8am-12pm RN: 6pm-8:45pm	 Labor Day Ice Cream Social 12pm	4	5	6	7	8 <i>Last Day – Early Bird Swim</i>
Pool Hrs: 10am-9pm Snack Bar: noon -7:30pm		September 5- September 8: Pool Hrs: 3pm-8pm Snack Bar: 3:30pm -7:30pm				9 Pool Hrs: 12pm-8pm Snack Bar: 12pm -7:30pm
10	<i>Last day pool is open for the season!! Pool Hrs: 11am-6pm Snack Bar: 12pm-5pm</i>					